

### JAN DOUGLASS

An accredited Instructor with Vodder Schools International, experienced lymphoedema therapist, researcher and perpetual student, Jan fell in love with lymph taping when she used it to successfully treat her own breast lymphoedema.

"When I find a technique that really works, I feel compelled to share it!"

The course in Perth will be Jan's final step to accreditation as a Lymphtaping Instructor with Medical Taping Concept and FysioTape (Netherlands)

#### Certificate Course in Lymph Taping

#### Comments from past participants:

"...a two day course and I could not expect that any more information could have been included within this time frame."

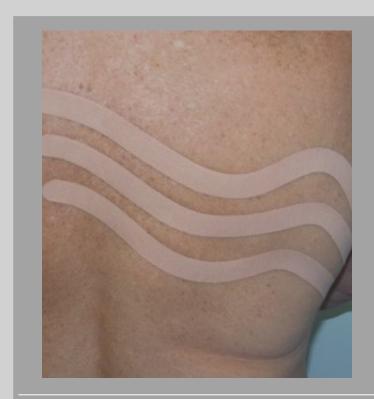
"Jan was my instructor for my Vodder qualification and she is a fantastic teacher. Very knowledgeable and I like the way she is very specific so does not get distracted off topic. Great job! "

"Jan was able to correct me on fine details which will help hone my skill set"

"Good insights on how to modify techniques for different clinical situations"

"After breast surgery in July I had a persistent build up of fluid and my breast becomes quite firm at the end of the day. I have had laser and regular lymph drainage but after being taped by Joyce in the course I reduced a cup size overnight."

(Mim Gunn, Lymphoedema Therapist)



Evidence for the effectiveness of lymph taping is growing. This course will showcase recent publications on taping for seroma, breast oedema and the use of lymph taping as an alternative to compression.

The two day hands on course provides training in the most up to date applications of lymph taping.

You will learn the correct and skillful application of Cure Tape and how it can be used for all lymphatic indications.

### **Lymph Taping Registration Form**

# **Contact Details** Full Name (as it should appear on your certificate) Email Phone ☐ Please share my contact details with other workshop participants ☐ I have the following dietary restriction □ I can bring a massage table Please provide evidence of your lymphoedema qualification\* ☐ Listed on the NLPR or Dr Vodder website ☐ Other—please send a copy of your certificate Please indicate your course and textbook order □ Perth#, March 18 & 19, 8.30am—4.30pm at Murdoch University Village ☐ Adelaide, March 25 & 26, 8.30am—4.30pm, venue to be advised □ **Lymph Taping Handbook** \$75 (free with full payment before 31/12/16) Please indicate your payment method ☐ **Direct Debit**—Please transfer the minimum deposit of \$50 to Bank Australia BSB 313 140 Account number 14070924 Reference is your name ☐ Credit Card—3% fee, A PayPal invoice will be sent to your email address

Register and pay before
December 31st & receive
"Lymph Taping Handbook"
by Josya Sijmonsma

FREE

(Valued at \$75 including postage)

#### Course Fee \$445

Includes all course materials valued at \$100:

- 5 rolls of CureTape
   (2x5cm, 2x2.5cm, 1x5cm Punch tape)
- FysioTape scissors
- Colour printed manual
- Note pad and pen
- MTC Lymph Taping certificate

## Register Online via

**SurveyMonkey** 

For more information
0419 848 589
jan@movinglymph.com

<sup>\*</sup> This course teaches the application of CureTape for lymphatic indications, no other taping applications will be covered

<sup>#</sup> The course in Perth is the final assessment for Jan as an Instructor with MTC for Lymph Taping. Jan will be assisted/supervised by Joyce Bosman